

3.2 Rolle's Theorem and the Mean Value Theorem

- Understand and use Rolle's Theorem.
- Understand and use the Mean Value Theorem.

Exploration

Extreme Values in a Closed Interval Sketch a rectangular coordinate plane on a piece of paper. Label the points (1, 3) and (5, 3). Using a pencil or pen, draw the graph of a differentiable function f that starts at (1, 3) and ends at (5, 3). Is there at least one point on the graph for which the derivative is zero? Would it be possible to draw the graph so that there *isn't* a point for which the derivative is zero? Explain your reasoning.

ROLLE'S THEOREM

French mathematician Michel Rolle first published the theorem that bears his name in 1691. Before this time, however, Rolle was one of the most vocal critics of calculus, stating that it gave erroneous results and was based on unsound reasoning. Later in life, Rolle came to see the usefulness of calculus.

Rolle's Theorem

The Extreme Value Theorem (see Section 3.1) states that a continuous function on a closed interval $[a, b]$ must have both a minimum and a maximum on the interval. Both of these values, however, can occur at the endpoints. **Rolle's Theorem**, named after the French mathematician Michel Rolle (1652–1719), gives conditions that guarantee the existence of an extreme value in the *interior* of a closed interval.

THEOREM 3.3 Rolle's Theorem
 Let f be continuous on the closed interval $[a, b]$ and differentiable on the open interval (a, b) . If $f(a) = f(b)$, then there is at least one number c in (a, b) such that $f'(c) = 0$.

Proof Let $f(a) = d = f(b)$.

Case 1: If $f(x) = d$ for all x in $[a, b]$, then f is constant on the interval and, by Theorem 2.2, $f'(x) = 0$ for all x in (a, b) .

Case 2: Consider $f(x) > d$ for some x in (a, b) . By the Extreme Value Theorem, you know that f has a maximum at some c in the interval. Moreover, because $f(c) > d$, this maximum does not occur at either endpoint. So, f has a maximum in the *open* interval (a, b) . This implies that $f(c)$ is a *relative* maximum and, by Theorem 3.2, c is a critical number of f . Finally, because f is differentiable at c , you can conclude that $f'(c) = 0$.

Case 3: When $f(x) < d$ for some x in (a, b) , you can use an argument similar to that in Case 2, but involving the minimum instead of the maximum.

See LarsonCalculus.com for Bruce Edwards's video of this proof. ■

From Rolle's Theorem, you can see that if a function f is continuous on $[a, b]$ and differentiable on (a, b) , and if $f(a) = f(b)$, then there must be at least one x -value between a and b at which the graph of f has a horizontal tangent [see Figure 3.8(a)]. When the differentiability requirement is dropped from Rolle's Theorem, f will still have a critical number in (a, b) , but it may not yield a horizontal tangent. Such a case is shown in Figure 3.8(b).

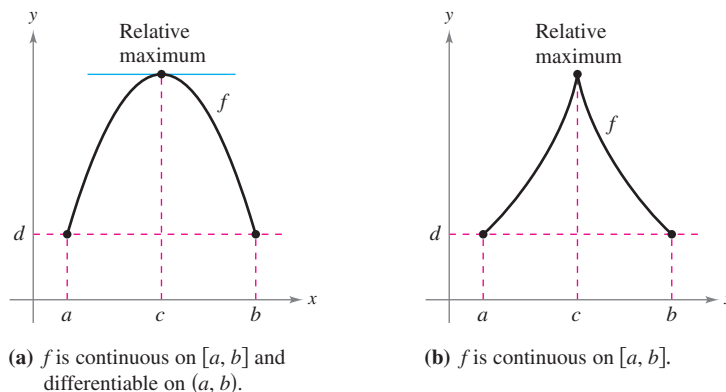
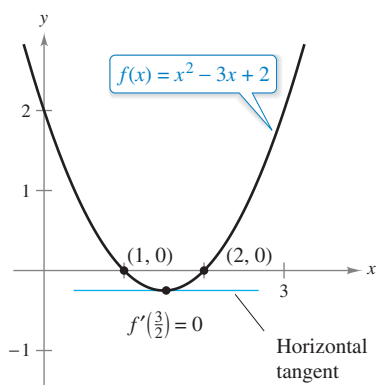


Figure 3.8

EXAMPLE 1 Illustrating Rolle's Theorem



The x -value for which $f'(x) = 0$ is between the two x -intercepts.

Figure 3.9

Find the two x -intercepts of

$$f(x) = x^2 - 3x + 2$$

and show that $f'(x) = 0$ at some point between the two x -intercepts.

Solution Note that f is differentiable on the entire real number line. Setting $f(x)$ equal to 0 produces

$$x^2 - 3x + 2 = 0$$

Set $f(x)$ equal to 0.

$$(x - 1)(x - 2) = 0$$

Factor.

$$x = 1, 2.$$

x -values for which $f'(x) = 0$

So, $f(1) = f(2) = 0$, and from Rolle's Theorem you know that there exists at least one c in the interval $(1, 2)$ such that $f'(c) = 0$. To find such a c , differentiate f to obtain

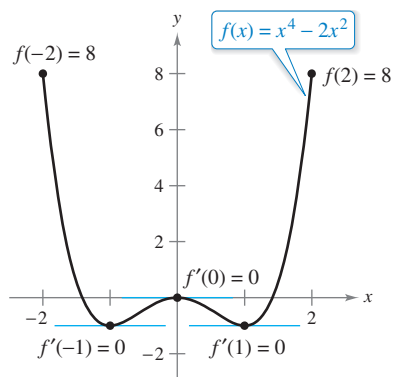
$$f'(x) = 2x - 3$$

Differentiate.

and then determine that $f'(x) = 0$ when $x = \frac{3}{2}$. Note that this x -value lies in the open interval $(1, 2)$, as shown in Figure 3.9.

Rolle's Theorem states that when f satisfies the conditions of the theorem, there must be at least one point between a and b at which the derivative is 0. There may, of course, be more than one such point, as shown in the next example.

EXAMPLE 2 Illustrating Rolle's Theorem



$f'(x) = 0$ for more than one x -value in the interval $(-2, 2)$.

Figure 3.10

Let $f(x) = x^4 - 2x^2$. Find all values of c in the interval $(-2, 2)$ such that $f'(c) = 0$.

Solution To begin, note that the function satisfies the conditions of Rolle's Theorem. That is, f is continuous on the interval $[-2, 2]$ and differentiable on the interval $(-2, 2)$. Moreover, because $f(-2) = f(2) = 8$, you can conclude that there exists at least one c in $(-2, 2)$ such that $f'(c) = 0$. Because

$$f'(x) = 4x^3 - 4x$$

Differentiate.

setting the derivative equal to 0 produces

$$4x^3 - 4x = 0$$

Set $f'(x)$ equal to 0.

$$4x(x - 1)(x + 1) = 0$$

Factor.

$$x = 0, 1, -1.$$

x -values for which $f'(x) = 0$

So, in the interval $(-2, 2)$, the derivative is zero at three different values of x , as shown in Figure 3.10.

TECHNOLOGY PITFALL A graphing utility can be used to indicate whether the points on the graphs in Examples 1 and 2 are relative minima or relative maxima of the functions. When using a graphing utility, however, you should keep in mind that it can give misleading pictures of graphs. For example, use a graphing utility to graph

$$f(x) = 1 - (x - 1)^2 - \frac{1}{1000(x - 1)^{1/7} + 1}.$$

With most viewing windows, it appears that the function has a maximum of 1 when $x = 1$ (see Figure 3.11). By evaluating the function at $x = 1$, however, you can see that $f(1) = 0$. To determine the behavior of this function near $x = 1$, you need to examine the graph analytically to get the complete picture.

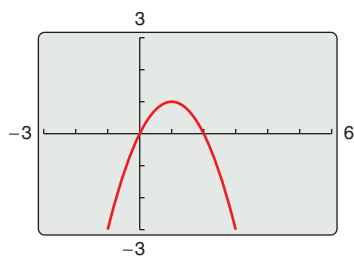


Figure 3.11

The Mean Value Theorem

Rolle's Theorem can be used to prove another theorem—the **Mean Value Theorem**.

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 • **REMARK** The “mean” in the Mean Value Theorem refers to the mean (or average) rate of change of f on the interval $[a, b]$.

THEOREM 3.4 The Mean Value Theorem

If f is continuous on the closed interval $[a, b]$ and differentiable on the open interval (a, b) , then there exists a number c in (a, b) such that

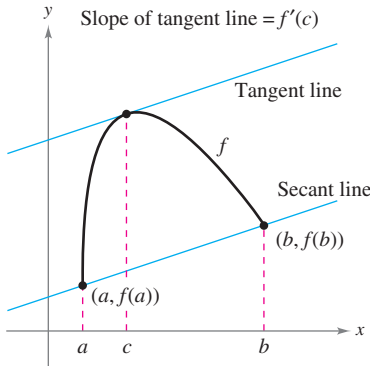
$$f'(c) = \frac{f(b) - f(a)}{b - a}.$$


Figure 3.12

Proof Refer to Figure 3.12. The equation of the secant line that passes through the points $(a, f(a))$ and $(b, f(b))$ is

$$y = \left[\frac{f(b) - f(a)}{b - a} \right] (x - a) + f(a).$$

Let $g(x)$ be the difference between $f(x)$ and y . Then

$$\begin{aligned} g(x) &= f(x) - y \\ &= f(x) - \left[\frac{f(b) - f(a)}{b - a} \right] (x - a) - f(a). \end{aligned}$$

By evaluating g at a and b , you can see that

$$g(a) = 0 = g(b).$$


Because f is continuous on $[a, b]$, it follows that g is also continuous on $[a, b]$. Furthermore, because f is differentiable, g is also differentiable, and you can apply Rolle's Theorem to the function g . So, there exists a number c in (a, b) such that $g'(c) = 0$, which implies that

$$\begin{aligned} g'(c) &= 0 \\ f'(c) - \frac{f(b) - f(a)}{b - a} &= 0. \end{aligned}$$

So, there exists a number c in (a, b) such that

$$f'(c) = \frac{f(b) - f(a)}{b - a}.$$

See LarsonCalculus.com for Bruce Edwards's video of this proof. ■



JOSEPH-LOUIS LAGRANGE
 (1736–1813)

The Mean Value Theorem was first proved by the famous mathematician Joseph-Louis Lagrange. Born in Italy, Lagrange held a position in the court of Frederick the Great in Berlin for 20 years. See LarsonCalculus.com to read more of this biography.

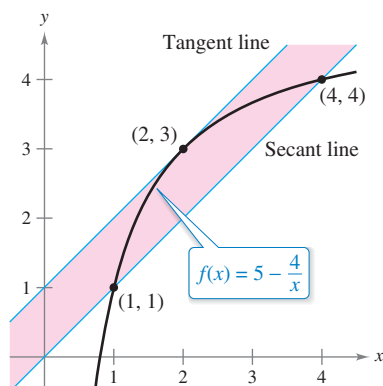
Although the Mean Value Theorem can be used directly in problem solving, it is used more often to prove other theorems. In fact, some people consider this to be the most important theorem in calculus—it is closely related to the Fundamental Theorem of Calculus discussed in Section 4.4. For now, you can get an idea of the versatility of the Mean Value Theorem by looking at the results stated in Exercises 77–85 in this section.

The Mean Value Theorem has implications for both basic interpretations of the derivative. Geometrically, the theorem guarantees the existence of a tangent line that is parallel to the secant line through the points

$$(a, f(a)) \quad \text{and} \quad (b, f(b)),$$

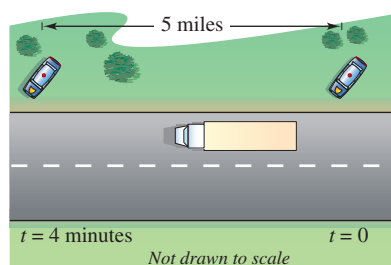
as shown in Figure 3.12. Example 3 illustrates this geometric interpretation of the Mean Value Theorem. In terms of rates of change, the Mean Value Theorem implies that there must be a point in the open interval (a, b) at which the instantaneous rate of change is equal to the average rate of change over the interval $[a, b]$. This is illustrated in Example 4.

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The tangent line at $(2, 3)$ is parallel to the secant line through $(1, 1)$ and $(4, 4)$.

Figure 3.13



At some time t , the instantaneous velocity is equal to the average velocity over 4 minutes.

Figure 3.14

EXAMPLE 3 Finding a Tangent Line

•••▶ See LarsonCalculus.com for an interactive version of this type of example.

For $f(x) = 5 - (4/x)$, find all values of c in the open interval $(1, 4)$ such that

$$f'(c) = \frac{f(4) - f(1)}{4 - 1}.$$

Solution The slope of the secant line through $(1, f(1))$ and $(4, f(4))$ is

$$\frac{f(4) - f(1)}{4 - 1} = \frac{4 - 1}{4 - 1} = 1. \quad \text{Slope of secant line}$$

Note that the function satisfies the conditions of the Mean Value Theorem. That is, f is continuous on the interval $[1, 4]$ and differentiable on the interval $(1, 4)$. So, there exists at least one number c in $(1, 4)$ such that $f'(c) = 1$. Solving the equation $f'(x) = 1$ yields

$$\frac{4}{x^2} = 1 \quad \text{Set } f'(x) \text{ equal to } 1.$$

which implies that

$$x = \pm 2.$$

So, in the interval $(1, 4)$, you can conclude that $c = 2$, as shown in Figure 3.13.

EXAMPLE 4 Finding an Instantaneous Rate of Change

Two stationary patrol cars equipped with radar are 5 miles apart on a highway, as shown in Figure 3.14. As a truck passes the first patrol car, its speed is clocked at 55 miles per hour. Four minutes later, when the truck passes the second patrol car, its speed is clocked at 50 miles per hour. Prove that the truck must have exceeded the speed limit (of 55 miles per hour) at some time during the 4 minutes.

Solution Let $t = 0$ be the time (in hours) when the truck passes the first patrol car. The time when the truck passes the second patrol car is

$$t = \frac{4}{60} = \frac{1}{15} \text{ hour.}$$

By letting $s(t)$ represent the distance (in miles) traveled by the truck, you have $s(0) = 0$ and $s(\frac{1}{15}) = 5$. So, the average velocity of the truck over the five-mile stretch of highway is

$$\text{Average velocity} = \frac{s(1/15) - s(0)}{(1/15) - 0} = \frac{5}{1/15} = 75 \text{ miles per hour.}$$

Assuming that the position function is differentiable, you can apply the Mean Value Theorem to conclude that the truck must have been traveling at a rate of 75 miles per hour sometime during the 4 minutes. ■

A useful alternative form of the Mean Value Theorem is: If f is continuous on $[a, b]$ and differentiable on (a, b) , then there exists a number c in (a, b) such that

$$f(b) = f(a) + (b - a)f'(c). \quad \text{Alternative form of Mean Value Theorem}$$

When doing the exercises for this section, keep in mind that polynomial functions, rational functions, and trigonometric functions are differentiable at all points in their domains.

3.2 Exercises

See CalcChat.com for tutorial help and worked-out solutions to odd-numbered exercises.

Writing In Exercises 1–4, explain why Rolle’s Theorem does not apply to the function even though there exist a and b such that $f(a) = f(b)$.


1. $f(x) = \left| \frac{1}{x} \right|$, $[-1, 1]$
2. $f(x) = \cot \frac{x}{2}$, $[\pi, 3\pi]$
3. $f(x) = 1 - |x - 1|$, $[0, 2]$
4. $f(x) = \sqrt{(2 - x^{2/3})^3}$, $[-1, 1]$

Intercepts and Derivatives In Exercises 5–8, find the two x -intercepts of the function f and show that $f'(x) = 0$ at some point between the two x -intercepts.

5. $f(x) = x^2 - x - 2$
6. $f(x) = x^2 + 6x$
7. $f(x) = x\sqrt{x+4}$
8. $f(x) = -3x\sqrt{x+1}$

Using Rolle’s Theorem In Exercises 9–22, determine whether Rolle’s Theorem can be applied to f on the closed interval $[a, b]$. If Rolle’s Theorem can be applied, find all values of c in the open interval (a, b) such that $f'(c) = 0$. If Rolle’s Theorem cannot be applied, explain why not.

9. $f(x) = -x^2 + 3x$, $[0, 3]$
10. $f(x) = x^2 - 8x + 5$, $[2, 6]$
11. $f(x) = (x - 1)(x - 2)(x - 3)$, $[1, 3]$
12. $f(x) = (x - 4)(x + 2)^2$, $[-2, 4]$
13. $f(x) = x^{2/3} - 1$, $[-8, 8]$
14. $f(x) = 3 - |x - 3|$, $[0, 6]$
15. $f(x) = \frac{x^2 - 2x - 3}{x + 2}$, $[-1, 3]$
16. $f(x) = \frac{x^2 - 1}{x}$, $[-1, 1]$
17. $f(x) = \sin x$, $[0, 2\pi]$
18. $f(x) = \cos x$, $[0, 2\pi]$
19. $f(x) = \sin 3x$, $\left[0, \frac{\pi}{3}\right]$
20. $f(x) = \cos 2x$, $[-\pi, \pi]$
21. $f(x) = \tan x$, $[0, \pi]$
22. $f(x) = \sec x$, $[\pi, 2\pi]$

 **Using Rolle’s Theorem** In Exercises 23–26, use a graphing utility to graph the function on the closed interval $[a, b]$. Determine whether Rolle’s Theorem can be applied to f on the interval and, if so, find all values of c in the open interval (a, b) such that $f'(c) = 0$.

23. $f(x) = |x| - 1$, $[-1, 1]$
24. $f(x) = x - x^{1/3}$, $[0, 1]$
25. $f(x) = x - \tan \pi x$, $\left[-\frac{1}{4}, \frac{1}{4}\right]$
26. $f(x) = \frac{x}{2} - \sin \frac{\pi x}{6}$, $[-1, 0]$

27. Vertical Motion The height of a ball t seconds after it is thrown upward from a height of 6 feet and with an initial velocity of 48 feet per second is $f(t) = -16t^2 + 48t + 6$.

- (a) Verify that $f(1) = f(2)$.
- (b) According to Rolle’s Theorem, what must the velocity be at some time in the interval $(1, 2)$? Find that time.

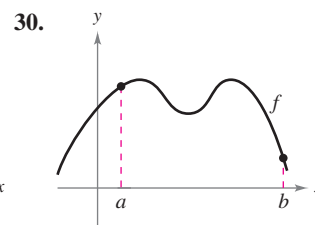
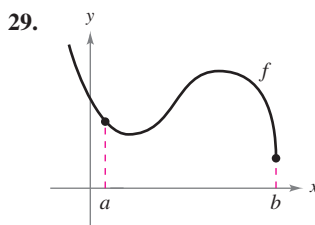
28. Reorder Costs The ordering and transportation cost C for components used in a manufacturing process is approximated by

$$C(x) = 10\left(\frac{1}{x} + \frac{x}{x+3}\right)$$

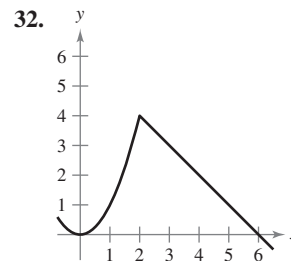
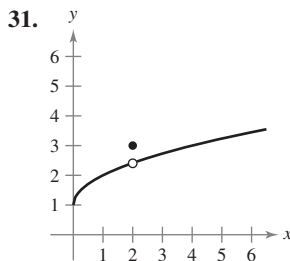
where C is measured in thousands of dollars and x is the order size in hundreds.

- (a) Verify that $C(3) = C(6)$.
- (b) According to Rolle’s Theorem, the rate of change of the cost must be 0 for some order size in the interval $(3, 6)$. Find that order size.

Mean Value Theorem In Exercises 29 and 30, copy the graph and sketch the secant line to the graph through the points $(a, f(a))$ and $(b, f(b))$. Then sketch any tangent lines to the graph for each value of c guaranteed by the Mean Value Theorem. To print an enlarged copy of the graph, go to MathGraphs.com.



Writing In Exercises 31–34, explain why the Mean Value Theorem does not apply to the function f on the interval $[0, 6]$.




33. $f(x) = \frac{1}{x-3}$

34. $f(x) = |x - 3|$

35. Mean Value Theorem Consider the graph of the function $f(x) = -x^2 + 5$ (see figure on next page).

- (a) Find the equation of the secant line joining the points $(-1, 4)$ and $(2, 1)$.
- (b) Use the Mean Value Theorem to determine a point c in the interval $(-1, 2)$ such that the tangent line at c is parallel to the secant line.
- (c) Find the equation of the tangent line through c .

 (d) Then use a graphing utility to graph f , the secant line, and the tangent line.

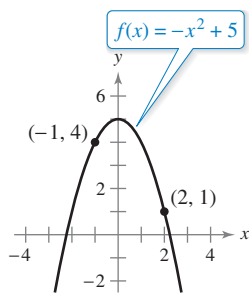


Figure for 35

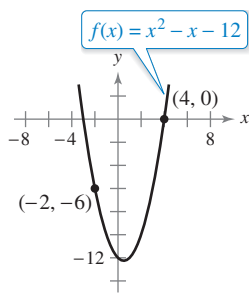


Figure for 36

36. Mean Value Theorem Consider the graph of the function $f(x) = x^2 - x - 12$ (see figure).

- Find the equation of the secant line joining the points $(-2, -6)$ and $(4, 0)$.
- Use the Mean Value Theorem to determine a point c in the interval $(-2, 4)$ such that the tangent line at c is parallel to the secant line.
- Find the equation of the tangent line through c .



- Then use a graphing utility to graph f , the secant line, and the tangent line.

Using the Mean Value Theorem In Exercises 37–46, determine whether the Mean Value Theorem can be applied to f on the closed interval $[a, b]$. If the Mean Value Theorem can be applied, find all values of c in the open interval (a, b) such that

$$f'(c) = \frac{f(b) - f(a)}{b - a}.$$

If the Mean Value Theorem cannot be applied, explain why not.

- $f(x) = x^2$, $[-2, 1]$
- $f(x) = 2x^3$, $[0, 6]$
- $f(x) = x^3 + 2x$, $[-1, 1]$
- $f(x) = x^4 - 8x$, $[0, 2]$
- $f(x) = x^{2/3}$, $[0, 1]$
- $f(x) = \frac{x+1}{x}$, $[-1, 2]$
- $f(x) = |2x + 1|$, $[-1, 3]$
- $f(x) = \sqrt{2-x}$, $[-7, 2]$
- $f(x) = \sin x$, $[0, \pi]$
- $f(x) = \cos x + \tan x$, $[0, \pi]$



Using the Mean Value Theorem In Exercises 47–50, use a graphing utility to (a) graph the function f on the given interval, (b) find and graph the secant line through points on the graph of f at the endpoints of the given interval, and (c) find and graph any tangent lines to the graph of f that are parallel to the secant line.

- $f(x) = \frac{x}{x+1}$, $[-\frac{1}{2}, 2]$
- $f(x) = x - 2 \sin x$, $[-\pi, \pi]$
- $f(x) = \sqrt{x}$, $[1, 9]$
- $f(x) = x^4 - 2x^3 + x^2$, $[0, 6]$

Andrew Barker/Shutterstock.com

51. Vertical Motion The height of an object t seconds after it is dropped from a height of 300 meters is

$$s(t) = -4.9t^2 + 300.$$

- Find the average velocity of the object during the first 3 seconds.
- Use the Mean Value Theorem to verify that at some time during the first 3 seconds of fall, the instantaneous velocity equals the average velocity. Find that time.

52. Sales A company introduces a new product for which the number of units sold S is

$$S(t) = 200\left(5 - \frac{9}{2+t}\right)$$

where t is the time in months.

- Find the average rate of change of $S(t)$ during the first year.
- During what month of the first year does $S'(t)$ equal the average rate of change?

WRITING ABOUT CONCEPTS

53. Converse of Rolle's Theorem Let f be continuous on $[a, b]$ and differentiable on (a, b) . If there exists c in (a, b) such that $f'(c) = 0$, does it follow that $f(a) = f(b)$? Explain.

54. Rolle's Theorem Let f be continuous on $[a, b]$ and differentiable on (a, b) . Also, suppose that $f(a) = f(b)$ and that c is a real number in the interval such that $f'(c) = 0$. Find an interval for the function g over which Rolle's Theorem can be applied, and find the corresponding critical number of g (k is a constant).

- $g(x) = f(x) + k$
- $g(x) = f(x - k)$
- $g(x) = f(kx)$

55. Rolle's Theorem The function

$$f(x) = \begin{cases} 0, & x = 0 \\ 1 - x, & 0 < x \leq 1 \end{cases}$$

is differentiable on $(0, 1)$ and satisfies $f(0) = f(1)$. However, its derivative is never zero on $(0, 1)$. Does this contradict Rolle's Theorem? Explain.

56. Mean Value Theorem Can you find a function f such that $f(-2) = -2$, $f(2) = 6$, and $f'(x) < 1$ for all x ? Why or why not?

• 57. Speed •

- A plane begins its take-off at 2:00 P.M. on a 2500-mile flight. After 5.5 hours, the plane arrives at its destination. Explain why there are at least two times during the flight when the speed of the plane is 400 miles per hour.



- 58. Temperature** When an object is removed from a furnace and placed in an environment with a constant temperature of 90°F, its core temperature is 1500°F. Five hours later, the core temperature is 390°F. Explain why there must exist a time in the interval when the temperature is decreasing at a rate of 222°F per hour.
- 59. Velocity** Two bicyclists begin a race at 8:00 A.M. They both finish the race 2 hours and 15 minutes later. Prove that at some time during the race, the bicyclists are traveling at the same velocity.
- 60. Acceleration** At 9:13 A.M., a sports car is traveling 35 miles per hour. Two minutes later, the car is traveling 85 miles per hour. Prove that at some time during this two-minute interval, the car's acceleration is exactly 1500 miles per hour squared.



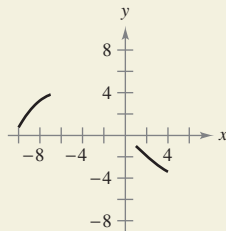
61. Using a Function Consider the function

$$f(x) = 3 \cos^2\left(\frac{\pi x}{2}\right).$$

- Use a graphing utility to graph f and f' .
- Is f a continuous function? Is f' a continuous function?
- Does Rolle's Theorem apply on the interval $[-1, 1]$? Does it apply on the interval $[1, 2]$? Explain.
- Evaluate, if possible, $\lim_{x \rightarrow 3^-} f'(x)$ and $\lim_{x \rightarrow 3^+} f'(x)$.



62. HOW DO YOU SEE IT? The figure shows two parts of the graph of a continuous differentiable function f on $[-10, 4]$. The derivative f' is also continuous. To print an enlarged copy of the graph, go to MathGraphs.com.



- Explain why f must have at least one zero in $[-10, 4]$.
- Explain why f' must also have at least one zero in the interval $[-10, 4]$. What are these zeros called?
- Make a possible sketch of the function with one zero of f' on the interval $[-10, 4]$.

Think About It In Exercises 63 and 64, sketch the graph of an arbitrary function f that satisfies the given condition but does not satisfy the conditions of the Mean Value Theorem on the interval $[-5, 5]$.

- f is continuous on $[-5, 5]$.
- f is not continuous on $[-5, 5]$.

Finding a Solution In Exercises 65–68, use the Intermediate Value Theorem and Rolle's Theorem to prove that the equation has exactly one real solution.

- $x^5 + x^3 + x + 1 = 0$
- $2x^5 + 7x - 1 = 0$

- $3x + 1 - \sin x = 0$
- $2x - 2 - \cos x = 0$

Differential Equation In Exercises 69–72, find a function f that has the derivative $f'(x)$ and whose graph passes through the given point. Explain your reasoning.

- $f'(x) = 0$, (2, 5)
- $f'(x) = 4$, (0, 1)
- $f'(x) = 2x$, (1, 0)
- $f'(x) = 6x - 1$, (2, 7)

True or False? In Exercises 73–76, determine whether the statement is true or false. If it is false, explain why or give an example that shows it is false.

73. The Mean Value Theorem can be applied to

$$f(x) = \frac{1}{x}$$

on the interval $[-1, 1]$.

- If the graph of a function has three x -intercepts, then it must have at least two points at which its tangent line is horizontal.
- If the graph of a polynomial function has three x -intercepts, then it must have at least two points at which its tangent line is horizontal.
- If $f'(x) = 0$ for all x in the domain of f , then f is a constant function.
- Proof** Prove that if $a > 0$ and n is any positive integer, then the polynomial function $p(x) = x^{2n+1} + ax + b$ cannot have two real roots.
- Proof** Prove that if $f'(x) = 0$ for all x in an interval (a, b) , then f is constant on (a, b) .
- Proof** Let $p(x) = Ax^2 + Bx + C$. Prove that for any interval $[a, b]$, the value c guaranteed by the Mean Value Theorem is the midpoint of the interval.

80. Using Rolle's Theorem

- Let $f(x) = x^2$ and $g(x) = -x^3 + x^2 + 3x + 2$. Then $f(-1) = g(-1)$ and $f(2) = g(2)$. Show that there is at least one value c in the interval $(-1, 2)$ where the tangent line to f at $(c, f(c))$ is parallel to the tangent line to g at $(c, g(c))$. Identify c .
 - Let f and g be differentiable functions on $[a, b]$ where $f(a) = g(a)$ and $f(b) = g(b)$. Show that there is at least one value c in the interval (a, b) where the tangent line to f at $(c, f(c))$ is parallel to the tangent line to g at $(c, g(c))$.
- Proof** Prove that if f is differentiable on $(-\infty, \infty)$ and $f'(x) < 1$ for all real numbers, then f has at most one fixed point. A fixed point of a function f is a real number c such that $f(c) = c$.
 - Fixed Point** Use the result of Exercise 81 to show that $f(x) = \frac{1}{2} \cos x$ has at most one fixed point.
 - Proof** Prove that $|\cos a - \cos b| \leq |a - b|$ for all a and b .
 - Proof** Prove that $|\sin a - \sin b| \leq |a - b|$ for all a and b .
 - Using the Mean Value Theorem** Let $0 < a < b$. Use the Mean Value Theorem to show that

$$\sqrt{b} - \sqrt{a} < \frac{b - a}{2\sqrt{a}}$$